

STRATHCONA MICROGREENS

MICROS, SHOOTS & BLENDS MENU'

MICROS

4oz \$11 / 8oz \$17 / 1LB \$32

BROCCOLI
GREEN KALE
PURPLE KOHLRABI
POPCORN
DAIKON RADISH
TRITON RADISH
RUBY STEM RADISH
RED RADISH
TATSOI MUSTARD
BOK CHOY
FAVA
BUCKWHEAT

BLENDS

4oz \$11 / 8oz \$17 / 1LB \$32

BRASSICA BLEND
*broccoli, rapini, arugula,
mustard, radish*

RAINBOW RADISH
daikon, ruby stem, red, triton

PETITE SPICY MIX
*arugula, curly cress,
mustard, purple kohlrabi*

GARDEN MIX
*pea shoots, sunflower shoots,
radish*

ASIAN BLEND
*bok choy, tatsoi mustard,
daikon radish*

SALAD MIX
*pea shoots, radish,
purple kohlrabi, popcorn*

SHOOTS

8oz \$12 / 1LB \$17

PEA SHOOTS
SUNFLOWER SHOOTS

SPECIALTY

PER CONTAINER \$13

(24 FL OZ)

MICRO CHERVIL
MICRO FENNEL
MICRO DILL
MICRO CILANTRO
MICRO CARROT
NASTURTIUM
PEA TENDRILS
RED MIZUNA MUSTARD
ORIENTAL WASABI MUSTARD
YELLOW MUSTARD
RED KALE
ARUGULA
GENOVESE BASIL
PURPLE BASIL
MIXED BASIL
THAI BASIL
CINNAMON BASIL
LEMON BALM
ANISE HYSSOP
MIXED SHISO
BORAGE
WATERGROSS
BEETS BULL'S BLOOD
YELLOW SWISS CHARD

SPECIALTY

PER CONTAINER \$13

(16 FL OZ)

AMARANTH
MICRO LEEKS
RED VEINED SORREL

